

# Deluxe Bicycle Hoist

Thank you for your purchase of the Performance Deluxe Bicycle Hoist. The hoist provides a secure, easy way to store your bicycle out of the way. It can easily lift and support a bicycle up to 55 pounds on a ceiling of up to 15 feet in height.

Your hoist is supplied with wood screws for mounting directly onto ceiling joists and these instructions are based on that option. However, your hoist may be mounted to any ceiling component that is structurally sound.

**THE TWO PLATES OF THE HOIST THAT ATTACH TO THE CEILING MUST BE IN ALIGNMENT WITH EACH OTHER, AND THE UNIT MUST BE SECURELY MOUNTED.**

## PARTS INCLUDED:

Part	Description	QTY
A	Rear Roller Plate Assembly	1
B	Front Roller Plate Assembly	1
C	Hook Assemblies	2
D	32' rope	1
E	Rope Cleat	1
F	2" Wood Screws	8

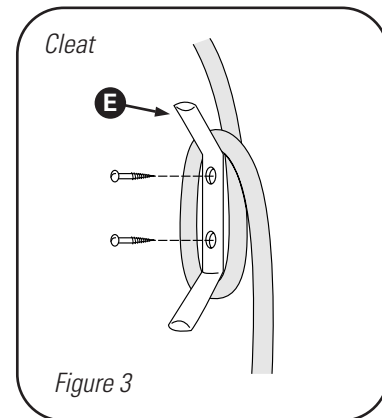
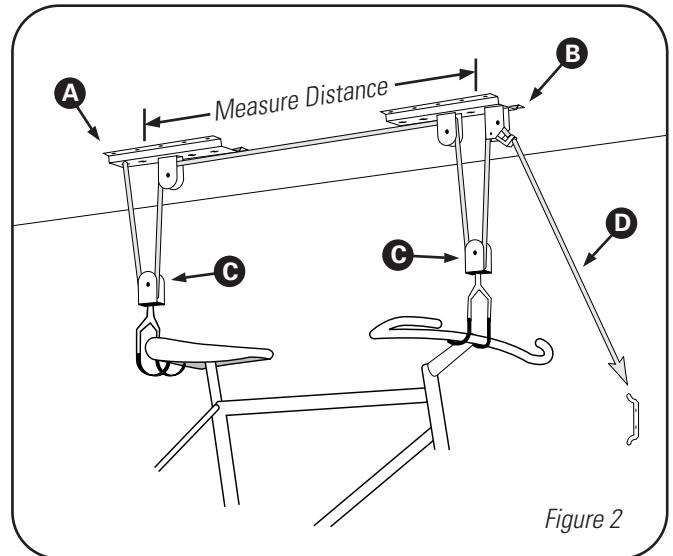
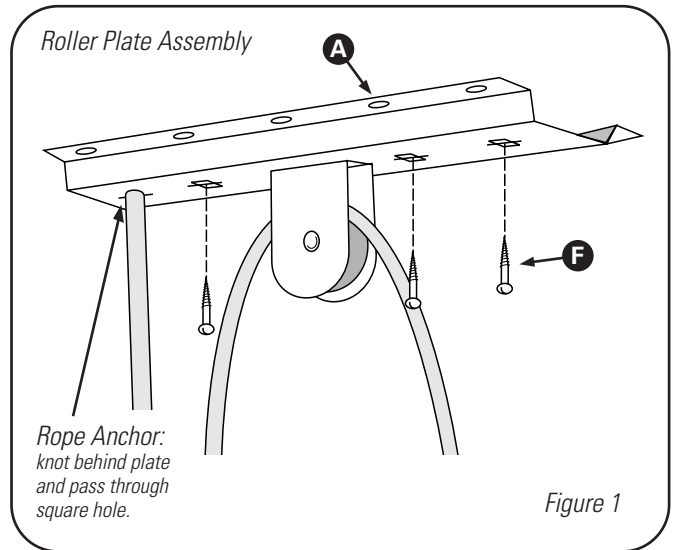
## TOOLS REQUIRED:

Phillips Screwdriver

## ASSEMBLY INSTRUCTIONS

It is best to lay out the components first on the floor in a straight line (you can also mount the 2 roller plates (A and B) to a board first, and then mount the entire assembly to the ceiling).

1. Measure the distance on the bicycle to be lifted, between the handlebars and back of the saddle. This is where the hooks (C) will hold the bike. Make a note of this measurement.
2. Using 3 of the 2" wood screws (F), attach the rear roller plate (A) with the rope anchor to the ceiling as shown in *figure 1*. Use the round holes when installing the screws.
3. The distance from the midpoint between the rope anchor and the center of the pulley on the rear roller plate (A), to the midpoint between the two pulleys on the front roller plate (B) should equal the measurement in step 1. See *figure 2*.
4. Using 3 of the 2" wood screws (F), attach the front roller plate (B) in the position determined in step 3, ensuring that it is aligned with the rear roller plate.
5. Using the 2 remaining 2" wood screws (F), fasten the rope cleat (E) to the wall. It should be mounted to the wall on the same side as the rope in a convenient location. For safety, tie off the rope on the cleat and wind the excess rope (D) on it. Refer to *figure 3*.



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