



corresponding recess inside the clamp brackets.

6. Attach the left and right bridge arms (G) to the handlebar clamp. Tighten the 5mm bridge arm attachment bolts (H) to 80 in-lbs (9Nm) of torque.
7. Determine the optimal position for the armrests (I). Several options are available to achieve a custom fit:
 - a) The three mounting holes on the bridge arms provide two position settings which allow the armrests to be set further apart or closer together as desired.
 - b) Four sets of mounting holes in each armrest allow the armrests to be positioned further forward or rearward as desired.
 - c) The optional 12.5mm spacers (M) will raise the height of the armrests by 12.5mm.
 - d) The armrests can be pivoted several degrees toward or away from center.
8. Once armrest position is set, attach the armrests to the bridge arms. If using the optional spacers (M) you must also use the long 5mm armrest attachment bolts (L). Otherwise, use the standard length 5mm attachment bolts (K). Insert the bolts through the two-hole washer (J) and tighten to 80 in-lbs (9Nm) of torque.
9. Attach the armrest pads (N) by pressing them into place.
10. To further customize fit, the extension bars (A) can be adjusted in two ways:
 - a) Angle: The extension bars can be rotated toward or away from center. Loosen the bottom clamp bolts (D), rotate the extension bars as desired, and re-tighten the clamp bolts to 80 in-lbs (9Nm) of torque.
 - b) Reach: The extension bars can be moved forward or rearward to adjust the reach distance from the handlebar. Loosen the bottom clamp bolts (D), slide the extension bars forward or rearward as desired, and re-tighten the clamp bolts to 80 in-lbs (9Nm) of torque.
11. To install barcon shifters in the ends of the extension bars, first remove the end plugs (O) from the ends of the bars.

III. Using your T-1 Aero Bars

1. Aero bars require a riding position that many riders may not be accustomed to. To familiarize yourself with the steering and handling differences, practice using your aero bars in a low traffic area that is free from obstacles.
2. Exercise caution when using your aero bars for the first time, and remember to focus on the road ahead, rather than watching your front wheel or the pavement just ahead of your front wheel.
3. Re-check all hardware for proper tightness after the first use, and periodically thereafter (especially if riding on rough roads) to ensure the aero bars remain securely attached.
4. Riding in an aero position may impair your emergency handling skills and increase your reaction time. You will require more time to brake and will be less able to steer quickly and safely around obstacles. For this reason, you should not ride in an aero position on group rides or in a pace line.

▲ WARNING

- Improper installation of aero bars may lead to a loss of control and result in serious injury or even death. To ensure you have installed this component correctly, consult a qualified bicycle mechanic.
- A creaking component may signal a problem. Make sure contact surfaces between components are clean, that components fit together properly and that all bolt threads are greased or treated with proper thread lock compound and tightened to the recommended torque specification.
- Periodically examine all surfaces of the aero bar in bright sunlight to check for hairline cracks or other signs of fatigue at stress points such as welds, seams, holes or points of contact with other parts. If you see any cracks, however small, stop using the part immediately.
- Periodically check ALL bolts for proper tightness.
- Some lightweight aluminum and carbon fiber handlebars may not be compatible with aero bar assemblies and other clamp-on accessories. If in doubt, consult the handlebar manufacturer.

**Performance Tech Support 1(800)553-8324
9am-6pm EST Monday-Friday**



Performance, Inc.
One Performance Way
Chapel Hill, N.C. 27514
1-800-727-2453
www.performancebike.com
Made in Taiwan

50-2753

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Forté™

T-1 aero bars

Thank you for your purchase of the Forté™ T-1 Aero Bars. For your safety, please read these instructions thoroughly before installing or using your new aero bars.

This product is designed for use with handlebars having a clamp diameter of 31.8mm or 26.0mm. To install these aero bars on a 26.0mm handlebar, you must use the included shims.

To install your aero bars you will need:

- 5mm Hex Wrench

I. Parts List

Part	Part Code	Qty
Extension BarsA2
Bottom Clamp BracketB2
Top Clamp BracketC2
5mm Bottom Clamp BoltsD2
5mm Top Clamp BoltsE4
Shims (for use with 26.0mm handlebar)F4
Bridge ArmG2
5mm Bridge Arm Attachment BoltsH2
ArmrestsI2
Two-hole WasherJ2
Standard 5mm Armrest Attachment BoltsK4
Long 5mm Armrest Attachment Bolts (for use with Spacers)L4
SpacersM2
Armrest PadsN2
End PlugsO4

II. Assembly

1. The T-1 Aero Bar handlebar clamp is designed to fit handlebars with a 26.0mm or 31.8mm clamp diameter. Determine the exact diameter of the handlebar to be used. A set of four shims (F) is included with the T-1 hardware. For use on a 26.0mm diameter handlebar, these shims are required for proper assembly.
2. It may be necessary to remove some bar tape from the top section of your handlebar to expose sufficient clamping area.
3. Do not apply grease to the handlebar clamping area, as this may allow the aero bar to slip during use, resulting in a loss of control and a possible accident.
4. Slide the extension bars (A) through the bottom half of the clamp bracket (B), and tighten the bottom clamp bolts (D) to 80 in-lbs (9Nm) of torque.
5. Clamp the T-1 aero bar extensions to the handlebar by threading the 5mm top clamp bolts (E) through the top clamp bracket (C). Note: The raised lip on the side of each top clamp bracket should face away from the handlebar stem. Using a 5mm hex wrench, tighten all four bolts evenly to 80 in-lbs (9Nm) of torque. If installing the bars on a 26.0mm diameter handlebar, use the four included shims (F). Position the raised button on each shim in the