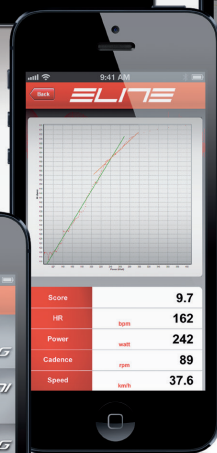




A VIRTUAL COACH FOR YOUR SMARTPHONE AND TABLET



A new level of interactive indoor training has arrived with My E-Training - an exciting and technically sophisticated virtual coach that travels with you wherever your destination. Manage power, pedal cadence, heart rate, speed, time and distance directly from your smartphone or Apple tablet with the My E-Training App.



MY E-TRAINING INCLUDES:

BASE TRAINING: choose your own training mode - constant power*, training levels, pre-set programs

CONCONI TEST: establish your anaerobic threshold

TRAINING TEST: create personalized monthly indoor training programs based on the performance test results

MAPS RACES: create races from all over the world with Google Maps

All training data can be saved, shared and exported, to chart the course of your training and improvement.

**available only on electronic rollers*

THE FOLLOWING ARE REQUIRED:



ANT+ ELITE OR WAHOO DONGLE



ANY ANT+ SPEED/CADENCE SENSOR*

* NOT REQUIRED FOR QUBO DIGITAL AND ARION DIGITAL

OPTIONAL FOR HR DATA

ANY ANT+ HEART RATE BELT



ALL AVAILABLE AT SHOPELITE-IT.COM



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